

# *Veltheim Lymphatic Drainage Method*

Improves function of Immune System

Supports skin issues

Removes emotional & energetic blocks

Reduction of Swelling

Detoxification of the body

Relief of Chronic Pain

Reduction of symptoms with Chronic

Fatigue Syndrome & Fibromyalgia

Relieves muscle spasm/headaches

colds/allergies/sinus

Assists in the healing of injuries

Decrease Joint Pain



Weight Loss

Increase in Energy

Regulation of Bowel Movement

Incontinence

Reduction of Menstrual Pain

Aid Insomnia, stress/loss of vitality